

# EBOLA FACTS



## What Do Virginians Need to Know?

The risk of Ebola transmission is low.



People who are not sick with Ebola cannot spread the disease.

Ebola can only be spread by coming in contact with body fluids of an infected individual.

For more information, contact your local health department, or visit the Virginia Department of Health website at [vdh.virginia.gov](http://vdh.virginia.gov).

What can I do to keep myself and my family safe?



Wash your hands after touching anything that may have come in contact with bodily fluids.

Contact your local health department if you are concerned that you may have been exposed to the bodily fluids of someone who has Ebola.

Silence the virus,  
support the individual.

